



# Newbold Surgery “Virtual” Patient Participation Group



Dear PPG Members and Newbold Patient's

Welcome to the Winter 2020 edition of the Newbold Surgery **Virtual Patient Participation Group Meeting and Newsletter**

As always, I do hope you are all fit, healthy and most of all, continue to remain safe.

December sees our usual increase in demand for appointments as the colder weather brings with it an increase in common cold, flu and cough symptoms. This is made worse by the current Pandemic as some of the symptoms are similar to that of Covid19 therefore patients are understandably worried that their symptoms may be more than just a common cold. There is a wealth of information available online to help patients to self-manage their illness along with help from your local Pharmacy should you simply need advice and over the counter medication to ease your symptoms. If you are unsure whether your symptoms are Covid related, testing is available in the town centre at Queens Park with walk in appointments available most days. Please isolate till your test result comes back to ensure you do not pass on the virus to anyone you have contact with. It is everyone's responsibility to stop the spread of the virus if possible.

It remains very busy and stressful in general practice, but overall, our patients have been amazingly supportive. The Newbold Team and I would like to thank you all for your kind comments, your patience and your support as we have navigated new ways of working together. The only way we have been able to provide a safe and accessible service is with your help and cooperation wearing masks, sanitising hands and staying in your car till we can safely see you. Restrictions remain in place for everyone's safety and we are thankful for your kindness and consideration of each other by continuing to abide by infection control measures in surgery.

The Covid vaccination programme at Stubby and Walton has been a wonderful success with our area leading the way in the delivery of this service. As you know, many of us are helping with this service and we are very proud of the achievements we have made working collaboratively with other Practices in the Chesterfield and Dronfield Primary Care Network.

Sadly our Christmas celebrations this year have had to be cancelled however we are trying to remain in good spirits leading up to the festive season. Christmas decorations are restricted due to infection control as they cannot be decontaminated in line with our current procedures. You may however, see some of the admin staff wearing festive clothing over the next few days which we hope will keep you all smiling.

PPG members agreed the meeting/newsletters should be produced quarterly so the next edition will be a Spring Update in March 2021. As always, please let me have any suggestions of what you might like me to include. These can either be emailed via Sue Jenkinson, PPG Secretary, you can call the surgery and leave me a message or drop me something in when you are passing. As always, I will do my best to accommodate any questions you have or to include any topics you would find of interest.



Well that's all we have for this virtual meeting, please continue to support us and send in any suggestions.

I know I reminded you all in the Autumn edition but please remember to book an appointment for your flu vaccination and covid vaccination if you haven't already done so. We need to continue to keep you all safe.

I would like to take this opportunity to wish you all a safe, socially distanced, Merry Christmas followed by a healthy and Happy New Year. Lets hope that 2021 is a little kinder to us all.

Take Care  
From Rachael Carrington  
(Practice Manager)  
and all the team at Newbold

